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Audio coach

(ex "training manager")

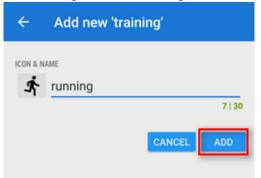
Limited use in Locus Map Free - only one training possible

Audio coach comments your performance during a workout or a trip with voice notifications - of your actual or average speed, distance, pace, elevation, heart rate and many other parameters.

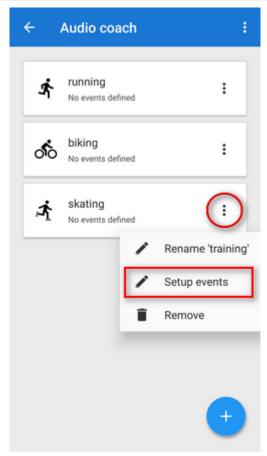
It works with **training** schemes that are defined by the user and triggered together with track recording. If you have a Locus Pro version, you can define training schemes for any type of your sports activity.

How to set up a new training

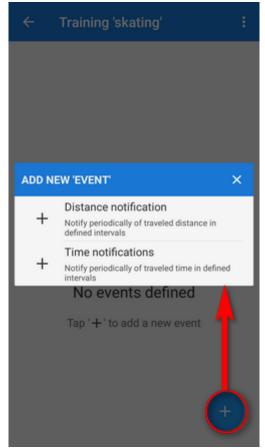
- go to Settings > Track recording > Audio coach
- tap and insert **name** of the training scheme. Change the **icon** if necessary.



• your training appears in the **training list**. Tap its menu and select **Setup events**



• tap again and select **distance** or **time** notification

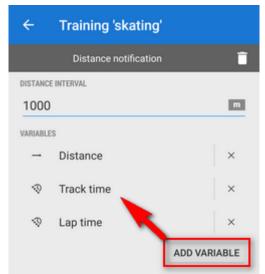


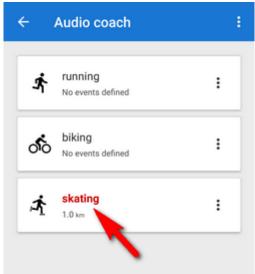
• define the distance or time interval and add variables - distance, track time, average speed and heart rate (if proper sensor is connected). You can combine both intervals -

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distance and time and assign different variables to them and tailor the training scheme to your personal needs.

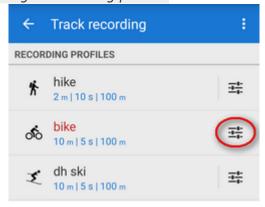




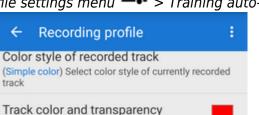
Automatic training start

It is possible to join a particular training scheme to a particular recording profile and start both at once.

go to Settings > Track recording > Recording profiles



• select recording profile > profile settings menu > Training auto-start



Track width

(9) Width of recorded track in units selected below

Track width units

Color of actually recorded track

(Pixels) Select pixels as relative value or metres for absolute width

ADVANCED SETTINGS

Training auto-start

Select training scheme to start/stop simultaneously with this profile

Automatic export

Export recorded tracks to files or web services automatically

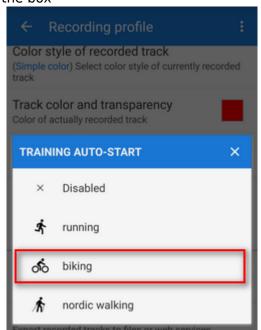
Hardware devices

Define which devices to start with current track record profile

Live tracking auto-start

Select live tracking session to start automatically with current track recording profile

select training scheme from the box



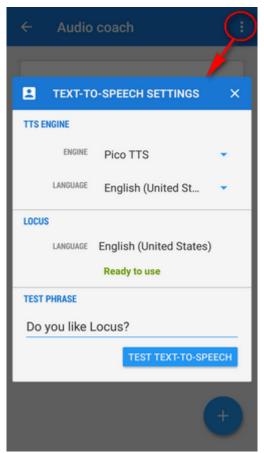
your selected training scheme name and icon appears in the settings and the auto-start is set

ADVANCED SETTINGS Training auto-start (biking) Subset training scheme to start/stop simultaneously with this profile

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Sound settings

Training manager uses default TTS (text-to-speech) engine of your device. If you need to change language or TTS engine, you can set it up directly from the training manager topbar menu :



More about text-to-speech settings in Locus >>

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