

# Track Recording Settings

- Menu > Settings > Track recording

## Recording profiles

- **Foot** - pre-defined profile. Frequency of trackpoints: 1m and 10sec. GPS accuracy: 100m. Tap .... to [edit the profile](#).
- **Cycle** - pre-defined profile. Frequency of trackpoints: 10m or 5sec. GPS accuracy: 100m. Tap .... to [edit the profile](#).
- **Add new profile** - available only for Locus Map Pro users. Allows to [define a completely new profile](#) based on default values.



[More about creating and editing recording profiles here >>](#)

## Global

- **Style of track recording panel** - selection between full-featured, dashboard-like sliding side panel or simple compact bottom panel
- **Automatic start** - starts track recording automatically after each Locus Map startup. Useful for thorough mapping of your training but demanding data space.
- **Training manager** - turns Locus Map into a full-scale sporttracker. Opens a dialog setting voice notifications accompanying your workouts:
  - topbar - Add a new training - adds a new notification template. Sets its icon and name.
  - list of notification templates - tapping a particular template opens the template setting dialog with distance or time trigger interval and a list of notification variables - distance, average speed etc.

## Side panel

- **Auto-hide side panel** - hides side sliding panel automatically after start/stop of recording to free screen space for map
- **Number of track monitoring items** - defines number of visible track monitoring items in a grid on the panel
- **Start with countdown** - starts track recording with a pre-defined countdown from 5 to 30 seconds

From:  
<https://docs.locusmap.eu/> - Locus Map Classic - knowledge base

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