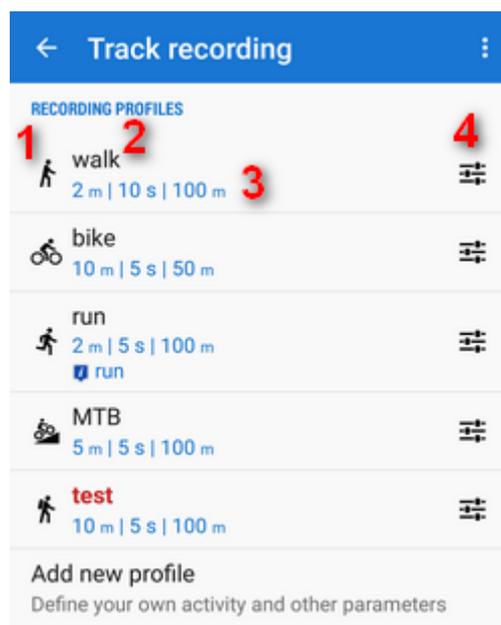# Track Recording Settings

Recording profiles

Locus Map records tracks in various **profiles**. Each profile has particular parameters suitable for **different activities** that can be **set individually**.

Tap the profile name to activate it. Active profile is **highlighted red**.

- **1** - activity icon. Activity is defined when creating the profile. **It cannot be changed later.**
- **2** - name of activity (can be edited)
- **3** - distance and time frequency of recorded trackpoints, maximum allowed GPS deviation
- **4** - profile settings button

Add new profile

Allows to define a completely new profile based on default values.

> **More about creating and editing recording profiles here >>**

Global

Body parameters

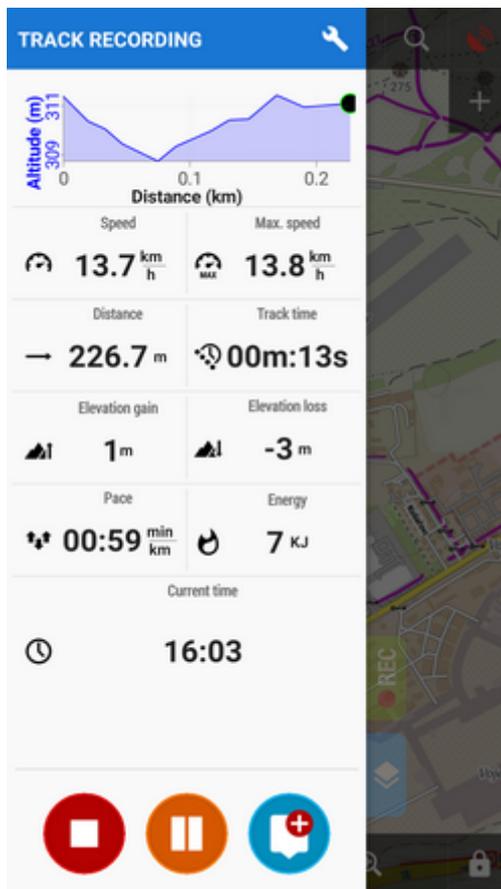Add values for calculation of your **energy consumption** during sports activities:
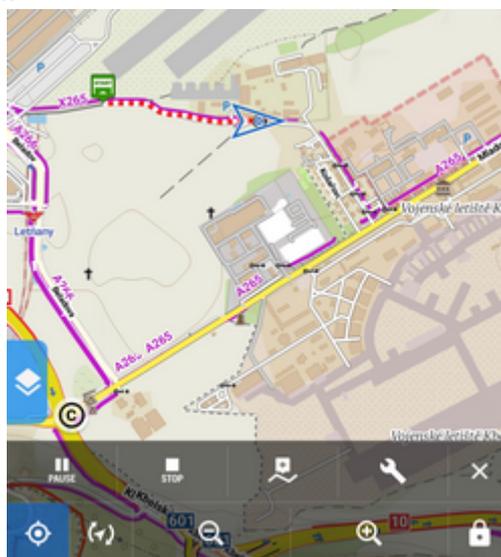

Style of track recording panel
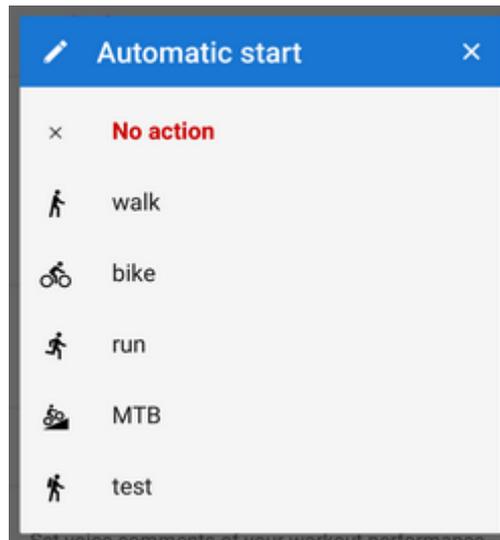
Select between full-featured sliding side panel:

or simple compact bottom panel:

Automatic start

Launches track recording **automatically after Locus Map app startup**. Useful for detailed mapping of your activities but demanding a lot of data space. You can **select profile** in which Locus would start automatic recording:

Audio coach

Turns Locus Map into a full-scale sport-tracker. This opens a list of **available audio schemes and their settings >>**

Side panel

Panel auto hide

Hides side sliding panel automatically after start/stop of track recording

Number of track monitoring parameters

Defines number of cells in the track recording side panel grid (4 to 12) - cells display values or charts of parameters monitored during track recording

Start with countdown

Starts track recording with a pre-defined countdown from 5 to 30 seconds (0 - without countdown)