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Audio coach

(ex "training manager")



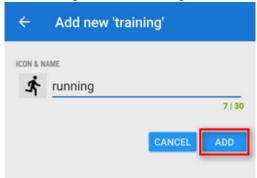
Limited use in Locus Map Free - only one training possible

Audio coach comments your performance during a workout or a trip with voice notifications - of your actual or average speed, distance, pace, elevation, heart rate and many other parameters.

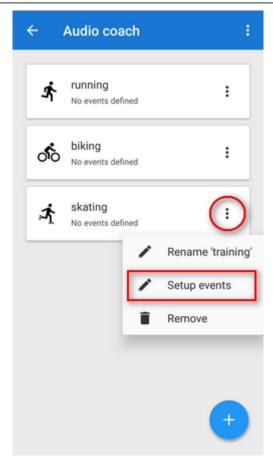
It works with **training** schemes that are defined by the user and triggered together with track recording. If you have a Locus Pro version, you can define training schemes for any type of your sports activity.

How to set up a new training

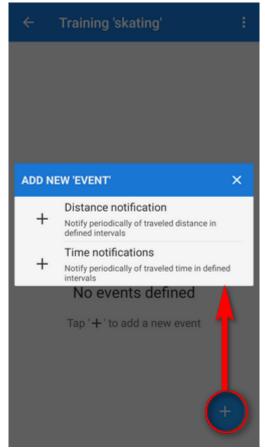
- go to Settings > Track recording > Audio coach
- tap and insert **name** of the training scheme. Change the **icon** if necessary.



• your training appears in the **training list**. Tap its menu and select **Setup events**



• tap again and select distance or time notification

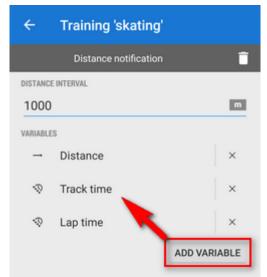


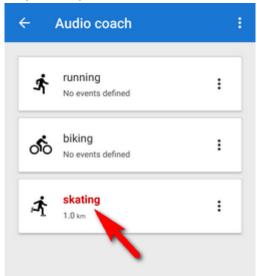
• define the distance or time interval and add variables - distance, track time, average speed and heart rate (if proper sensor is connected). You can combine both intervals -

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distance and time and assign different variables to them and tailor the training scheme to your personal needs.

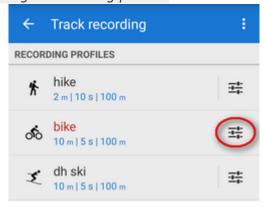




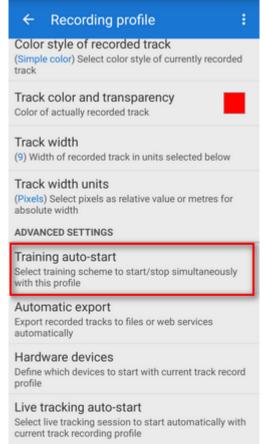
Automatic training start

It is possible to join a particular training scheme to a particular recording profile and start both at once.

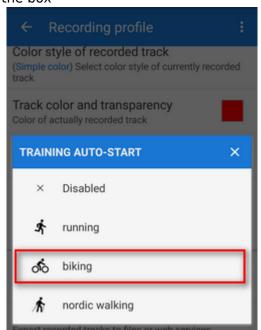
go to Settings > Track recording > Recording profiles



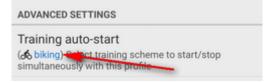
• select recording profile > profile settings menu > Training auto-start



select training scheme from the box



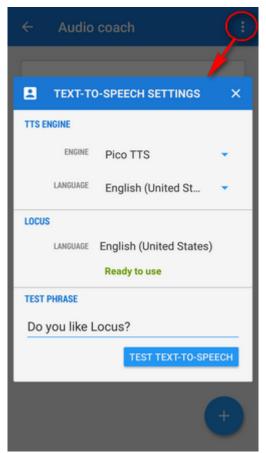
your selected training scheme name and icon appears in the settings and the auto-start is set



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Sound settings

Training manager uses default TTS (text-to-speech) engine of your device. If you need to change language or TTS engine, you can set it up directly from the training manager topbar menu :



More about text-to-speech settings in Locus >>

Is this article useful for you? Please rate it: {(rater>id=1|name=faq_trainingmanager|type=rate|headline=off)}

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